

INTRODUCTION

Rebekah Gregory

Boston Marathon Bombing Survivor | Inspirational Speaker | Founder of Rebekah's Angels Foundation

On April 15, 2013, Rebekah Gregory's life changed in an instant when she was severely injured in the Boston Marathon bombing. While the attack claimed her leg, it could never touch her unwavering spirit. In the years since, Rebekah has transformed her trauma into a mission, dedicating her life to helping others find healing and hope in the aftermath of unthinkable adversity.

Today, Rebekah is a nationally recognized speaker, author, and the founder of *Rebekah's Angels Foundation*, a nonprofit that provides mental health treatment for children and families impacted by trauma. With raw honesty and powerful humor, Rebekah shares her story with audiences across the globe, reminding us all that while we can't always choose what happens to us, we can choose what happens next.

Whether you've faced physical, emotional, or unseen battles, Rebekah's message is a powerful testament that there *is* life after trauma—even if you're on your last leg.